

## 3<sup>rd</sup> base Covid-19 Guidelines

### GENERAL GUIDELINES

1. **For safety purposes, there will be a zero-tolerance policy for licking/spitting/biting. Any incident will result in removal from 3<sup>rd</sup> Base**
2. Staff and participants must always have a face covering with them.
3. While indoors, all staff and participants must wear secure face coverings over their mouth and nose and follow 6-ft distancing **as practicable**.
4. Face coverings will not be required while outdoors unless 6-ft distancing cannot be maintained.
5. 3<sup>rd</sup> Base will be encouraged to be outdoors as much as possible. (weather permitting).
6. Frequent hand washing will be enforced, and all classes will have a supply of hand sanitizer.
7. We will ask all patrons/participants to use hand sanitizer prior to entering any classroom/bathrooms within the facility.

All patrons/participants need to thoroughly wash hands for at least 20 seconds prior to exiting the bathrooms.

### DISINFECTING/CLEANING PROCEDURES

1. Cleaning and disinfecting of the 3<sup>rd</sup> Base site will be performed according to CDC guidelines.
2. Hand sanitizer and sanitizing stations will be available.
3. Common areas and surfaces will be disinfected frequently.
4. Shared spaces (if applicable) will be disinfected between groups.
5. Shared objects and equipment will be sanitized before and after use
6. Staff will be disinfecting highly touched areas such as doorknobs and sinks

Staff will fully sanitize all toys, equipment and materials that are shared or used throughout the day.

### HEALTH MONITORING

1. Any staff or participant who is exhibiting one or more COVID-19 symptoms will be prohibited from attending 3<sup>rd</sup> Base. Parents will be notified to pick up their child immediately.
2. Potentially sick children will be isolated in another area away from the whole group.

If a staff or participant exhibits one or more symptoms, they should inform the Park District and follow the Covid-19 Guidelines.

### HEALTH MONITORING

Any staff or participant who is exhibiting one or more COVID-19 symptoms will be prohibited from attending 3<sup>rd</sup> Base. Parents will be notified to pick up their child immediately.

Potentially sick children will be isolated in another area away from the whole group.

If a staff or participant exhibits one or more symptoms, they should inform the Park District and follow these procedures.

If they are getting tested, share the results with the Park District.

If the test comes back positive, see #6 below.

If the test comes back negative, they may return immediately with a doctor's note

If they are not getting tested, they can return when at least 14 days have passed since onset of symptoms, they have been fever-free for at least 24 hours (without the use of fever-reducing medication), respiratory symptoms have improved and all other symptoms have resolved. and they provide a "Return to 3<sup>rd</sup> Base doctor's note.

\*\*The Park District is aware minor symptoms may not indicate COVID-19. A doctor's note clarifying the individual has a history of a symptom or that a symptom is unrelated to COVID-19 may allow the individual to return to the Park District sooner. These situations will be handled on a case-by-case basis with the Park District administration.

Any staff or participant who has had close contact (without a mask and less than 6-foot for more than 10 minutes) with any other person who is diagnosed with COVID-19 should quarantine for 14 days after the last/most recent contact with the infectious individual and seek a COVID-19 test at a state or local testing center, healthcare center or other testing locations.

Notify Belvidere Park District staff personnel of this positive case.

If a participant exhibits signs during the time at 3<sup>rd</sup> Base, staff will remove and isolate them and call a parent/guardian for pick-up. If the parent/guardian is not available, the staff will call the individuals listed on the participant's pick-up permission form. New this year, the Park District will ask that parents/guardians highlight those individuals who can make it to the 3<sup>rd</sup> Base site for pick-up within 15 minutes.

If a staff or participant is identified as being COVID-19 positive by testing, the following will occur:

- A. Local health officials, staff, and participants will be notified immediately of any possible case of COVID-19 while maintaining confidentiality consistent with privacy laws.
- B. Cleaning and disinfecting will be performed according to CDC guidelines.
- C. All staff and participants should be alert for signs of COVID-19 by watching for symptoms such as fever, cough, or shortness of breath and by taking temperature if symptoms develop.

A staff or participant who has been confirmed with COVID-19, may not return until:

They have isolated at home for a minimum of 14 days after symptom onset and all 3<sup>rd</sup> Base participants at that site will be asked to self-quarantine per CDC guidelines.

They have been feverless and feeling well (without fever-reducing medication) for at least 24 hours.

OR they have two negative COVID-19 tests in a row, with testing done at least 24 hours apart.

In all cases, the Park District will require a doctor's note to return to the 3<sup>rd</sup> Base program.

Please note: Covid-19 guidelines subject to change according to Local, State or Federal mandates.



## COVID-19 GUIDELINES

### STAY HOME IF YOU HAVE

Fever (100.4) or chills Cough Short of breath Fatigue Muscle body ache Headache	Nausea/vomiting Diarrhea Sore throat Congestion Runny nose New loss taste New loss smell	OR	Been within 6 feet of someone diagnosed with COVID-19 for 15 minutes or more	If a household member is being evaluated for COVID-19  (has listed symptoms)
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## WHEN CAN I RETURN TO FALL DAY CAMP

<b>GENERAL ILLNESS</b>	<b>POSITIVE COVID-19 TEST</b>	<b>NEGATIVE COVID-19 TEST</b>	<b>NO COVID-19 TEST DONE</b>
May return with a health care provider letter indicating alternative diagnosis  -and-  24-hour no fever (without medications)	May Return after 10 days from onset of symptoms  -and-  24-hour no fever (without medications)  -and-  Symptoms have improved	May return if you receive a negative COVID-19 test (must provide documentation)  -and-  24-hour no fever (without medications)  -and-	May return after 10 days from the onset of symptoms  -and-  24-hour no fever (without medications)  -and-  Symptoms have improved

**IF EXPOSED TO A COVID POSITIVE PERSON, YOU MUST STAY HOME FOR 14 DAYS FROM THE LAST CONTACT TO THAT PERSON**